

Sacred Hearts Parish  
Confirmation Preparation-Year 1  
**SPONSOR CHOICE GUIDELINES**

Deadline: January 7, 2018



1. Choose a Sponsor to help you prepare for Confirmation.
2. Submit the Sponsor Choice Form attached by the deadline.

Candidates should look for a person who sets an example as a practicing Catholic, as well as a spiritual guide. The Confirmation Sponsor assumes a life-long commitment to pray for and help a Candidate mature as an adult Catholic—encouraging the Candidate to persevere in the Faith for a lifetime! Sponsors are second only to parents in helping you prepare for Confirmation. While the Sponsor cannot be a parent, he or she need not be the same gender as the Candidate. *The Catechism of the Catholic Church* states, “The Sponsor for Confirmation is one who, fittingly, is a spiritual help to the Candidate.” The *Catechism* also suggests, “Candidates for Confirmation, as for Baptism, fittingly seek the spiritual help of a Sponsor. To emphasize the unity of the two Sacraments, it is appropriate that this be one of the Baptismal godparents” (§1311). Before making your choice, read the Catholic Church’s Eligibility Requirements for Confirmation Sponsors (listed below); a Sponsor (or Proxy, if needed) must meet all these requirements. To finalize your choice of Sponsor, complete the Sponsor Choice Form by the deadline above.

**ELIGIBILITY REQUIREMENTS FOR A CONFIRMATION SPONSOR**

- May not be one of the Candidates’ parents
- Must be 16 years of age or older at the time of the Mass of Confirmation
- Must have received the Sacraments of Initiation (Baptism, Eucharist, Confirmation)
- Must be a practicing Catholic who faithfully attends weekly Sunday Mass
- Must be a living witness to the Catholic faith through regular participation in the sacramental life of the Church
- Must have a good working knowledge of the candidate’s readiness for reception of the sacrament to testify on the candidate’s behalf (this presumes that the sponsor has met and discussed matters of faith with the candidate)

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SPONSOR CHOICE FORM

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CONFIRMATION CANDIDATE INFORMATION

*Please print all information.*

NAME \_\_\_\_\_

TEACHER \_\_\_\_\_ GRADE \_\_\_\_\_

CONFIRMATION SPONSOR INFORMATION

*Please indicate only ONE Sponsor Name.  
For more information on guidelines for choosing a Sponsor, see page Sponsor Choice Guidelines.*

NAME OF CONFIRMATION CANDIDATE'S SPONSOR: \_\_\_\_\_  
*Last First Middle*

SPONSOR'S PHONE NUMBER \_\_\_\_\_

SPONSOR'S EMAIL ADDRESS \_\_\_\_\_

RELATIONSHIP TO CANDIDATE \_\_\_\_\_ GODPARENT?  Yes  No

NAME OF SPONSOR'S PARISH \_\_\_\_\_

CITY & STATE OF PARISH \_\_\_\_\_

NAME OF PARISH WHERE SPONSOR WAS CONFIRMED \_\_\_\_\_

CITY & STATE OF PARISH \_\_\_\_\_

DATE OF SPONSOR'S CONFIRMATION \_\_\_\_\_

*\*If your sponsor is unsure of any of the information above, please have them contact the Church where they were confirmed for verification. This will ensure that our records are accurate.*