

Sacred Hearts Parish

Confirmation Preparation -Year 1

Works of Mercy GUIDELINES

Deadline: April 7, 2019



“For I was hungry, and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.” Mt 25:35-36

Works of Mercy projects are designed to provide Candidates with opportunities to understand better the role that serving the needs of others plays in striving to be Christ-like and living out the Faith as adult Catholics. We are called by Christ to serve those who are poor in body or spirit. Candidates may complete their projects in one day or over the course of several days. They may complete their project individually, with family members, with friends, or with other Confirmation candidates. Candidates will complete **ONE** project **EACH** year. These projects must involve serving people **OUTSIDE** of the Candidate’s family.

BREAKDOWN OF SERVICE PROJECTS

Projects must be based on the Corporal & Spiritual Works of Mercy, which are:

Corporal

- FEED THE HUNGRY
- GIVE DRINK TO THE THIRSTY
- CLOTHE THE NAKED
- VISIT THE SICK & IMPRISONED
- BURY THE DEAD
- SHELTER THE HOMELESS

Spiritual

- ADMONISH THE SINNER
- INSTRUCT THE IGNORANT
- COUNSEL THE DOUBTFUL
- COMFORT THE SORROWFUL
- PRAY FOR THE LIVING AND THE DEAD
- BEAR WRONGS PATIENTLY

SUGGESTED PROJECTS

The Corporal Works of Mercy:

1. Feed the hungry/Give drink to the thirsty: volunteer at a soup kitchen or food pantry (we will have opportunities for students to sign up to volunteer at Cor Unum Meal Center in Lawrence or take part in making bagged lunches for the Merrimack Valley Hope Mission)
2. Shelter the homeless: repair or build houses (e.g. Habitat for Humanity)
3. Visit the sick and imprisoned: visit the homebound, infirmed, and/or elderly (Ivy Hill Court, formerly the Steven Bennett Home, is an assisted-living home for elderly women. If interested in helping in their community activities, please contact Beth Fullerton).
4. Bury the dead: clean up a cemetery

The Spiritual Works of Mercy:

1. Catechesis/Witness to the Faith: actively seeking to spread the Gospel, teach the Faith to others, or defend Church teachings by helping out at Religious Education classes/ events
2. Adoration of the Blessed Sacrament/pray the Rosary: prayer for those in spiritual need, such as the Souls in Purgatory, those suffering or near death, or those who have no one to pray for them (i.e. attend the Rosary for Peace prayed at Saint Patrick Church in Groveland on Thursday evenings)

If you would like to propose a project that is not on this list, please contact the CRE at bfullerton@sacredheartsparish.com.